

What is Natural Healing System .NHS.

Natural Healing is a unique and extraordinary technique developed by Dr. Randall J. Frank, N.M.D., C.T.N. Functional Physiology is the basic premise of Natural Healing activating the body's own inherent healing capacity. This system supports the body's ability to completely integrate all physiological systems at their intended capacity and function. Alternative health care is based on the philosophy that the power that made the body also can heal the body. NHS further supports this process by giving the body clear choices for integration. Natural Healing aids in delving into the cause more easily and deeply. This complements and enhances any technique the practitioner uses rather than making other techniques obsolete.

Muscle testing on body points and/or vials are used to detect imbalances in the body, and are corrected by stimulating specific body points. These vials are based on the principles of quantum physics and utilize electro-magnetic programs to determine if the body is running properly or if it needs correcting. The vials are loaded with very specific techniques to test the body's bio-computer, and also re-establish proper function when activated.

Integrated physiological function is based on the communication capacity of the entire nervous system. Various stresses and traumas that the body is experiencing or has been exposed to will compromise this communication. Subsequently, the body's choices for optimal or original function are significantly limited.

Once it has been found that there are compromises in the system(s), the body is given electromagnetic data streams of information, which are pre-programmed into the vials, in order to restore communication and function. The goal is to move past the nervous system's present reality and return the body to its intended system of auto-diagnosis and then to auto-correction in order to attain optimal (ideal) function of the body, as well as restoring flexibility and adaptability to any given influences it may experience.

[This list of 13 symptoms will inspire you to go get a glass of water, and then another, and another...](#)

After each symptom we will show how lack of fluid affects the issue.

1. Fatigue, Energy Loss: Dehydration of the tissues causes enzymatic activity to slow down.
2. Constipation: When chewed food enters the colon, it contains too much liquid to allow stools to form properly, and the wall of the colon reduces it. In chronic dehydration, the colon takes too much water to give to other parts of the body.
3. Digestive Disorders: In chronic dehydration, the secretion of digestive juices is less.
4. High and Low Blood Pressure: The body's blood volume is not enough to completely fill the entire set of arteries, veins, and capillaries.
5. Gastritis, Stomach Ulcers: To protect its mucous membranes from being destroyed by the acidic digestive fluid it produces, the stomach secretes a layer of mucus.
6. Respiratory Troubles: The mucous membranes of the respiratory region are slightly moist to protect the respiratory tract from substances that might be present in inhaled air.
7. Acid-Alkaline Imbalance: Dehydration activates an enzymatic slowdown producing acidification.
8. Excess Weight and Obesity: We may overeat because we crave foods rich in water. Thirst is often confused with hunger.
9. Eczema: Your body needs enough moisture to sweat 20 to 24 ounces of water, the amount necessary to dilute toxins so they do not irritate the skin.
10. Cholesterol: When dehydration causes too much liquid to be removed from inside the cells, the body tries to stop this loss by producing more cholesterol.
11. Cystitis, Urinary Infections: If toxins contained in urine are insufficiently diluted, they attack the urinary mucous membranes.
12. Rheumatism: Dehydration abnormally increases the concentration of toxins in the blood and cellular fluids, and the pains increase in proportion to the concentration of the toxins.
13. Premature Aging: The body of a newborn child is composed of 80 percent liquid, but this percentage declines to no more than 70 percent in an adult and continues to decline with age

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